

CROSS COUNTRY SCHEDULE 2024

Day	Date	Time	LOCATION	Dismiss
Mon	26-Aug	4:00	Rocky Mount Academy (walk through 3:30)	2:15
Tues	3-Sep	4:00	Fayetteville Academy (walk through 3:30)	1:00
Mon	9-Sep	4:00	Kerr-Vance (walk through 3:30)	2:00
Mon	16-Sep	4:00	Halifax Academy / (walk through 3:30)	3:00
Mon	23-Sep	4:00	Rocky Mount Academy (walk through 3:30)	2:15
Mon	30-Sep	4:00	Faith Christian School (walk through 3:30)	2:00
Mon	7-Oct	4:00	Oakwood School (walk through 3:30)	2:00
Wed	16-Oct	TBA	Halifax Academy / CIC Conference meet (girls 4/boys 4:45)	TBA
Thur	24-Oct	4:00	NCISAA State Meet	TBA

7/1/2024

Head Coach: Wendy Starnes
 Head of School: Mike Ferguson
 Athletic Director: Teresa Long